



SRI SIVANI COLLEGE OF PHARMACY

(Under the Management of Sri Sivani Educational Society, Srikakulam)
(Estd.2007, Approved by PCI-New Delhi and Affiliated to JNTU, Gurajada-Vizianagaram)
N.H-16, Chilakapalem Jn., Etcherla Mandal, Srikakulam Dist - 532402.

BADAM TREE

BOTINICAL NAME: *PRUNUS DULCIS*

FAMILY: Rosaceae

SYNONYMS:

ENGLISH: Almond

HINDI: Baadaam

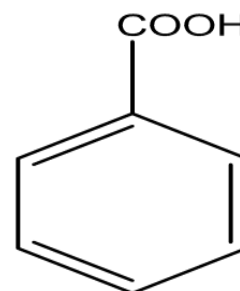
TAMIL: Patam Kotta

TELUGU: Badam



CHEMICAL CONSTITUENTS:

- ❖ Both varieties of almond contain 40–55% of fixed oil, about 20% of proteins, mucilage and emulsion.
- ❖ almonds contain in addition 2.5–4.0% of the colourless, crystalline, cyanogenelic glycoside amygdalin



USES:

- ❖ Almonds Reduce Cholesterol.
- ❖ Almonds are good for Your Heart.
- ❖ Almonds Regulate Blood Sugar.
- ❖ Almonds Reduces Weight.
- ❖ Almonds are Rich in Nutrients.+
- ❖ Almonds are good for Your Eyes.
- ❖ May have antioxidant properties.
- ❖ It may act as an anticancer agent.
- ❖ It might have natural aesthetic properties.